### A Participatory Assessment of *Sa Pagsikat Ng Araw,* an Entertainment-Education Radio Soap Opera in the Philippines

by

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# Executive Summary

The present report documents the results of a participatory assessment exercise, comprising of participatory sketching and participatory photography, conducted in the Philippines to gauge how avid listeners of *Sa Pagsikat Ng Araw* ("Hope After the Dawn"), an entertainment-education radio soap opera, engaged with the radio program, deriving personal meanings from its plot, characters, and educational messages.

Three research questions guided the present study. These questions, and their respective answers -- gleaned from our participatory assessment, are provided below.

Research Question #1: What is the radio drama Sa Pagsikat Ng Araw about?

Our respondents' sketches and photos suggest that they (1) comprehended the various intersecting plotlines of *Sa Pagsikat Ng Araw*, (2) could accurately describe the qualities of its main characters, and, in so doing, (3) could articulate its various educational messages: That is, a more empowered status for women, causes of family disharmony and how to overcome it, how not to be infected with HIV, and preserving youth health and responsibility.

Research Question #2: As a female (or male) listener, which scene from Sa Pagsikat Ng Araw was most meaningful to you and why?

Our respondents' sketches suggest various degrees of emotional and personal resonance with the key plotlines and characterizations. The domestic violence scenes between Miguel and Amelia held the most personal meaning for most of our women respondents as it closely paralleled their lived realities. Some respondents highlighted the importance of such caring and supportive "parent-to-child" type relationships as were depicted in scenes involving Kapitana and Amelia and Amelia and her children. Others remembered scenes which persuaded them to stay away from cigarettes, drugs, and criminal activities, and to value honesty and trust in relationships.

Research Question #3: *How has your life has changed as a result of listening to Sa Pagsikat Ng Araw?* 

Our respondents emphasized that by listening to *Sa Pagsikat Ng Araw*, they learned about, or were reinforced in, the following: The importance of taking care of siblings; learning to forgive; supporting others in need; staying away from vices; sharing of parenting and household responsibilities between husbands and wives; working hard to support and educate one's children; and the role of engaging, realistic radio storylines to guide people's social behaviors.

## A Participatory Assessment of *Sa Pagsikat Ng Araw*, an Entertainment-Education Radio Soap Opera in the Philippines<sup>1</sup>

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The present report (1) describes the *Sa Pagsikat Ng Araw* project, including the underlying theory and methodology behind the radio program's plot and character delineation, (2) lists the research questions guiding the present research, (3) discusses our participatory methods of datacollection, including the rationale for using participatory sketching and photography techniques, (4) presents our key results, and (5) raises implications for employing participatory methods in the assessment of entertainment-education programs.

### The Sa Pagsikat Ng Araw Project

The *Sa Pagsikat Ng Araw* (literally "hope after the dawn or "when the sun shines") radio project was implemented in the Philippines by Population Media Center of Burlington, Vermont, USA with financial support from UNFPA, Philippines.

Sa Pagsikat Ng Araw was a 120-episode entertainment-education radio soap opera, broadcast in the Philippines from July 18, 2005 to December 30, 2005. Five episodes of the program, each 15 minutes in length, were broadcast each week from Monday to Friday on the powerful 50,000 watt DZRH AM radio station whose signal covers the entire land area of the Philippines, some 300 Radyo Natin stations, the largest FM radio network in the country, and YES FM 91.1 on Philippines' Boracay Island.

*Sa Pagsikat Ng Araw's* educational purpose was four-fold: To promote (1) a more equal status for women, (2) family planning, (3) HIV/AIDS prevention, care, and support, and (4) youth health and responsibility. To achieve this purpose four intersecting storylines, each promoting one main educational theme, were created. For each educational storyline, a set of positive, negative, and transitional role models were carefully delineated, drawing upon Albert Bandura's social learning and social cognitive theory (Bandura, 1977; Bandura, 1986), and an accompanying methodology to operationalize it developed by Miguel Sabido, a Mexican writer-producer-director of entertainment-education *telenovelas* ("television novels") (Singhal & Rogers, 1999; Singhal & Rogers, 2002; Singhal, Cody, Rogers, & Sabido, 2004).

#### Positive, Negative, and Transitional Role Models

Drawing upon theories of Stanford University social psychologist, Albert Bandura, about how audience members learn from media role models, Miguel Sabido, a creative writer-directorproducer at Televisa, the Mexican national television network, produced a series of seven entertainment-education *telenovelas* from the mid-1970s to early 1980s (Singhal & Rogers, 1999; Singhal, Cody, Rogers, & Sabido, 2004). In each of these *telenovelas*, Sabido incorporated Bandura's principles of role modeling in carefully delineating the key characters. Remarkably, each *telenovela* was popular with its audience, made a profit, and met its educational objectives (Singhal & Rogers, 1999).

In operationalizing the concept of modeling Sabido was well aware that the relationship between a media consumer and a media model goes beyond the cognitive domain to include the emotive and affective domains. Sabido, for instance, knew that audience members engage in *parasocial relationships* with media models, defined as the seemingly face-to-face interpersonal relationships that can develop between a viewer and a mass media personality (Horton & Wohl, 1956). The media consumer forms a relationship with a performer that is analogous to the real interpersonal relationships. Thus, audience members tune in at a pre-appointed hour to welcome the media model into their homes. Incredibly, some audience members even talk to their favorite characters (that is, to their TV or radio set) as if the characters were real people (Papa et al., 2000; Papa, Singhal, & Papa, 2006). So, Sabido designed his entertainment-education *telenovelas* in ways that viewers could become affectively involved with the role models and learn socially desirable behaviors from them.

Each of Sabido's entertainment-educational *telenovelas* has three types of characters: (1) those who support the educational value (positive role-models) (2) those who reject this value (negative role-models), and (3) those who sit somewhere in the middle (or on the negative side) and, as the storyline unfolds, gradually begin to adopt the positive behaviors (transitional characters). When a positive character models a behavior that is socially desirable, the character is rewarded. If a negative character emulated a socially undesirable behavior, he/she was punished. The transitional characters, designed to mirror the attitudes and beliefs of the target audience, carefully watch the consequences accruing to the positive and negative role models, and gradually move toward the positive end of the continuum.

#### Four Educational Storylines and Character Delineations

As noted previously, the plot of *Sa Pagsikat Ng Araw* was designed around four intersecting storylines, each centered on an educational purpose. Patterned after the Sabido methodology, each storyline was delineated by a set of positive, negative, and transitional role models.

**Storyline #1. A More Equal Status for Women.** The first storyline revolves around the trials, tribulations, and (eventual) transformation of Amelia, who is married to Miguel, an abusive husband with vices such as drinking, gambling, and womanizing. Submissive, sacrificing, and tolerant, Amelia (a transitional character) experiences domestic violence, but continues to stay on with Miguel (a negative character), caring for her four children, hoping that someday he would change. A local woman chieftain, Kapitana Pilar (a positive character), supports Amelia emotionally and provides opportunities for Amelia's socio-economic empowerment by hiring her as a supervisor of her seaweed farming business. With the wages she earns, Amelia sends her children to school, and saves for a rainy day. With Miguel's behavior worsening, and refusing to bear any more abuse, Amelia moves out to Kapitana Pilar's house with her children. Miguel promises to change, they reconcile for a while, and when Miguel returns to his abusive behaviors, Amelia

decides to take more control of her life. She becomes a trader of seaweeds, launches her own business in food delicacies, and economically empowers herself. Miguel, on the other hand, suffers consequences of his wrongdoings. He is stabbed by the relative of a prostitute that he impregnated and abandoned and loses his arm while practicing dynamite fishing, an illegal activity. In the climax, Amelia finds out that she is the long lost daughter of Kapitana Pilar.

**Storyline #2. Family Planning.** The second story revolves around the life of a Muslim character, Ahmed, a hardworking, industrious, and loving man, and his wife Jezreel, who together have six daughters. While Ahmed (a transitional character) gives up hope of ever having a son, his mother, Epang (a negative character), insists on more children. Epang is a traditional midwife in the barrio, and she encourages all residents to continue producing babies, as her livelihood depends on it. Epang's antithesis is Dr. Lazaro (a positive character), a kind widower and trained medical doctor, who often treats patients for free, and promotes family planning. Epang hates Dr. Lazaro, and waits for every opportunity to discredit him. When a storm devastates Ahmed's crops, Epang refuses to lend her son money, but Dr. Lazaro steps in, making Ahmed a business partner in agriculture. Epang tries to burn their crop, but instead ends up burning her own house. Meanwhile, Jezreel is pregnant again, and an ultrasound shows that, finally, a boy is on the way. However, just before birth, Jezreel develops pre-eclampsia, a life-threatening condition. Ahmed has to choose between saving the life of his wife or the unborn baby boy. He chooses Jezreel's life. Through this event, Ahmed begins to more fully appreciate his daughters, and the importance of his wife's reproductive health.

**Storyline #3. HIV/AIDS Prevention, Care, and Support.** The third storyline centers around Jeff Lazaro (a transitional character), who is a popular basketball player and a playboy, and his friend and fellow basketball player, Vince (a positive character) – who is even more popular, and is a one-woman-man. Estella Roman (a negative character), an actress-singer is obsessed with Vince, but Vince is faithful to his girlfriend Esther and not tempted by Estella, not even after they broke up. Jeff Lazaro, on the other hand, is in love with Estella, and because Estella plays with anyone available, they have a one night stand. To break into the movie industry, Estella, meanwhile, has been sleeping around with film producers, one of whom is infected with HIV.

When Jeff learns that Estella is HIV positive, he opts to be tested, finding out that he is also HIV-positive. He undergoes counseling and is put on a regimen of anti-retroviral drugs. He also is careful about his daily nutrition and exercise. His father, Dr. Lazaro, his family, and his circle of friends still treat him compassionately. The girl, who admired Jeff since he started his basketball career and with whom she has a baby, still loves him, despite his sickness, and cares for him. They get married, and live a fairly normal life. Estella, when she learns about her HIV-infection, however, has a different experience. She becomes a loner, fearful and afraid of being seen by others. Her family disowns her, and her friends disappear. Her health fails and she is at death's door.

Storyline #4. Youth Health and Responsibility. The fourth storyline revolves around the life of Paula (a transitional character), who is Eliza's younger sister, and who envies her elder sister for her looks, talents, and admirers. Eliza (a positive character) is a youth leader and advocate for youth issues. Joaquin (a negative character), the rogue son of the town's Mayor, likes Eliza, but Paula, envious of her sister's suitors, seduces Joaquin. Joaquin is a very bad influence on Paula. He teaches Paula many vices, including use of illicit drugs, resulting in Paula dropping out of

school, and running away from home. When Joaquin is jailed (as a result of his mother's – the Mayor's – selfless actions), Paula goes to the city to compete in prestigious teenage TV talent contest. She does well but does not win the contest as the organizers find out that she is a drug user. Unable to make ends meet in the city, Paula returns to her family, rehabilitates herself, and resumes her studies. She becomes the top student in her school as she models the life of a responsible Filipino youth.

#### **Research Questions**

In order to gauge the personal meanings that avid listeners of *Sa Pagsikat Ng Araw* drew from its plot, characters, and educational messages, our participatory assessment exercise centered on asking the respondents the following three questions:

Research Question #1: *What is the radio drama Sa Pagsikat Ng Araw about?* In essence, what is the nature and scope of its plot, its characters, and its educational themes?

Research Question #2: As a female (or a male) listener, which scene from Sa Pagsikat Ng Araw was most meaningful to you and why?

Research Question #3: *How has your life has changed as a result of listening to Sa Pagsikat Ng Araw?* In other words, what aspects of your life have been influenced, changed, or impacted by your engagement with the radio program?

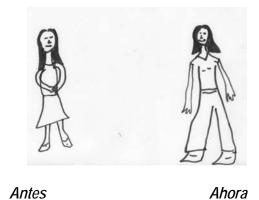
#### Participatory Assessment Methodology

In recent years, participatory sketching and photography have emerged as novel, audience-centered, and low-cost qualitative methodologies for assessing the meanings that audience members of entertainment-education (E-E) programs derive from their engagement with the mass media text (Singhal & Devi, 2003; Singhal & Rattine-Flaherty, 2006). Such participatory methodologies offer a different perspective on audience engagement than, for instance, can be gathered through survey data<sup>2</sup>.

The inspiration for participatory sketching and photography comes from the work of noted Brazilian educator, Paulo Freire. In 1973, while conducting a literacy project in a barrio of Lima, Peru, a team led by Freire (author of the seminal 1970 book *Pedagogy of the Oppressed)*, asked people questions in Spanish, but requested the answers in photographs. When the question "What is exploitation?" was asked, some people took photos of a landlord, grocer, or a policeman (Boal, 1979, p. 123). One child took a photo of a nail on a wall. It made no sense to adults, but other children were in strong agreement. The ensuing discussions showed that many young boys of that neighborhood worked in the shoe-shine business. Their clients were mainly in the city, not in the barrio where they lived. As their shoe-shine boxes were too heavy for them to carry, these boys, rented a nail on a wall (usually in a shop), where they could hang their boxes for the night. To them, that nail on the wall represented "exploitation." The "nail on the wall" photograph spurred widespread discussions in the Peruvian barrio about other forms of institutionalized exploitation, including ways to overcome them.

Drawing upon Paulo Freire's work with participatory photography in Peru, researchers have employed participatory sketching as a method to obtain rich, nuanced narratives from audience members of E-E programs. For instance, two of the present authors (Singhal & Rattine-Flaherty, 2006), employed the participatory sketching methodology to assess the effects of an ongoing entertainment-education initiative in the Peruvian Amazon, spearheaded by Minga Perú, a non-governmental organization that promotes gender equality and reproductive health. For over four years now, Minga Perú has broadcast – three times a week -- a popular radio program, Bienvenida Salud (Welcome Health) in the Amazonas, and dove-tailed the E-E broadcasts with several community-based empowerment activities for local women (Singhal & Rattine-Flaherty, 2006). In 2005, using plain paper and colored markers, some 30 avid women listeners of Bienvenida Salud were asked to sketch out their perceptions of Minga Perú's contributions to reproductive health, gender equality, and social change. For instance, one of the questions posed was: "How has my life changed as a consequence of listening to Bienvenida Salud and participating in community-based activities of Minga Perú?" Participants were asked to draw two pictures - one to sketch how their life was some five years ago (i.e. *antes*, in the past), and how their life is today (i.e. *ahora*, now).

The *antes* and *ahora* sketches of Emira, a 21-year old, including her narrative, was highly revealing:



Emira noted: "This is my early life. I didn't know how worthy I was; I was ashamed, I was sad. Now my personal life has changed, I feel myself as being capable of exerting a public function; I don't feel ashamed any more, I don't have fear. I am proud of my body -- my femininity. Before, I didn't want to cut my hair but when I went to live to the city, I cut them. With the trousers it was the same. Now I feel capable to wear trousers; previously I wore loose clothes. The same with the shoes, now I wear high heels."

Emira's sketch and its accompanying narrative provided a highly rich, highly poignant, and highly textured/nuanced insight on the long-term effects of E-E initiatives on certain audience members. As noted previously, such insights are difficult, if not impossible, to obtain through structured personal interview surveys.

As both the Peruvian examples of participatory photography and sketching demonstrate, in privileging visual forms of expression, E-E researchers position themselves to question the dominant hegemony of textocentrism that legitimizes the lettered, literate, and text-based ways of

knowing (Conquergood, 2002). Participatory sketching and photography both validate other nontextual ways of knowing by privileging the performative dimensions of sketches and photographs.

Inspired by this Freirean technique and Conquergood's (2002) call for incorporating more visual, performative methods, our assessment of *Sa Pagsikat Ng Araw* in the Philippines included both participatory sketching and participatory photography.

# Participatory Data-Collection for Sa Pagsikat Ng Araw

Our participatory data collection activities in the Philippines comprised of a total respondent pool of 41 avid listeners of *Sa Pagsikat Ng Araw*, of which five individuals hailed from Metro Manila<sup>3</sup>, the national capital region, and 36 individuals from the island of Boracay, where the local FM station broadcast the program. Table 1 lists the characteristics of our 41 respondents.

| Respondent<br>Characteristics                   | Boracay<br>Listeners | Metro Manila<br>Listeners | Total |
|---|----------------------|---------------------------|-------|
|   | N=36                 | N=5                       | N=41  |
| Gender Female                                   | 34                   | 4                         | 38    |
| Male  | 2                    | 1                         | 3     |
| Marital Status Single                           | 12                   | 0                         | 12    |
| Married   | 24                   | 5                         | 29    |
| Age 20 years or younger                         | 9                    | 0                         | 9     |
| 21 to 40 years                                  | 24                   | 3                         | 27    |
| 41 years or older                               | 3                    | 2                         | 5     |
| Education None                                  | 2                    | 0                         | 2     |
| Up to high school                               | 23                   | 3                         | 26    |
| College   | 11                   | 2                         | 13    |
| Monthly Household Income less than \$100 (U.S.) | 33                   | 2                         | 35    |
| between \$101 and \$200 (U.S.)                  | 3                    | 3                         | 6     |

Table 1. Respondent Characteristics.

As Table 1 shows, a majority of our respondents – who were avid listeners of *Sa Pagsikat Ng Araw* -- were married women, between 21 to 40 years old, with education up to the high school level, and belonging to the lower socio-economic strata. Such an audience profile of married stayat-home mothers is fairly consistent with the audience profile of daytime radio soaps in most countries.

*Participatory Sketching.* As part of the participatory sketching exercise, we asked our respondents, either as individuals or in pairs, to answer the three questions that guide our present

research study: (1) *What is the radio drama Sa Pagsikat Ng Araw about?* (2) *As a female (or a male) listener, which scene from Sa Pagsikat Ng Araw was most meaningful to you and why?* And, (3) *How has your life has changed as a result of listening to Sa Pagsikat Ng Araw?* However, rather than having them respond orally to our query, we asked them instead to sketch their responses on white cardstock using colored pencils. The participants were encouraged to draw whatever they wanted, regardless of their drawing ability, and no rigid time limits were set in order to not rush them. This participatory sketching activity with 41 respondents yielded a total of 67 drawings (as noted previously, some of these sketches were constructed in pairs, especially the drawings in response to the first question). After the sketches were completed, individuals (or pairs) responsible for the drawing narrated what the sketch was about, including how it answered the posed questions, in front of the entire group. These narrations were audio-recorded while translators simultaneously translated the participants' narratives from Tagalog to English for the present researchers, providing opportunities to seek clarification and/or ask follow-up questions. The audiotapes were then translated and transcribed into English-language transcripts by bi-lingual speakers fluent in both languages.

*Participatory Photography.* To further assess the effects of *Sa Pagsikat Ng Araw,* 29 of our 41 respondents (all five from Metro Manila and 24 out of 36 from Boracay island) took part in a participatory photography exercise. To them, only one question was posed, similar to the third question posed in the sketching exercise: That is, *How has your life changed, or what aspects of your life have been affected, by listening to Sa Pagsikat Ng Araw?* Once again, rather than having the respondents provide an answer in oral or written form, we asked them to provide answers through photographs. The participants were given the freedom to interpret the question as they wished, emphasizing that there were no right or wrong answers.

The 29 participants who took part in the participatory photography exercise received disposable cameras, including a brief training on how to correctly operate them. They learned about framing through the viewfinder, when and how to use the flash button, how to press the shutter, and how to advance the film to take the next picture. Given each disposable camera yielded 27 exposures, we requested each participant to take about 8 to ten pictures to answer the question we had posed, and the remaining pictures could be of their friends and family members. The participants were given a time-frame of about 24 hours to take their pictures. All participants got the process under way by two to three practice shots as soon as they received the training.

A day after the cameras were handed out, our respondents either returned the cameras to us, or we made arrangements to have them collected from their homes. All five cameras in Metro Manila, and 17 out of 24 cameras in Boracay Island, were returned. After we got the pictures developed (approximately 500 of them), the respondents returned the next day to narrate – in front of the group -- what each picture was about, what it meant to them, why did they take it, and how it answered the posed question. In Boracay Island, out of the 17 participants who returned the cameras, only 13 could return at the appointed time to review and narrate their photographs. Coupled with the five participants in Metro Manila, our total respondent pool for the participatory photography exercise comprised of 18 avid listeners of *Sa Pagsikat Ng Araw* (this included 17 women and one man). Interestingly, some five (all women) of these 18 respondents had never operated a camera before.

Of the 8 to 10 photographs that our 18 participants took to answer the posed question, we asked them to select their top four or five photos that they believed best answered the question and were most meaningful to their lives. Interestingly, some of our respondents chose to narrate only one photo, while some others narrated up to 12 photos. A total of 90 photos were narrated by our 18 participants in front of their respective groups, while willingly and knowingly being audio-recorded. Translators aided the process by translating the participants' photo narratives from Tagalog to English to ensure concurrent opportunities for seeking clarification or asking follow-up questions. The audiotapes were then translated and transcribed into English-language transcripts by bi-lingual speakers fluent in both languages.

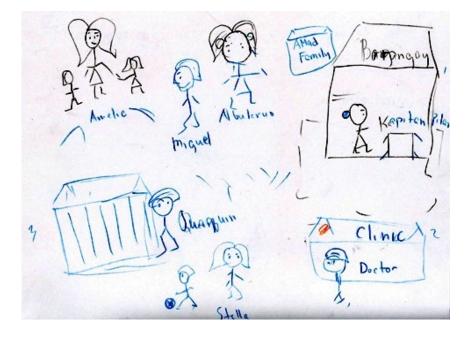
# Audience Interpretations of Sa Pagsikat Ng Araw

To gauge the personal meanings that avid listeners of *Sa Pagsikat Ng Araw* drew from its plot, characters, and educational messages, we organize our results around the three guiding research questions. Also, given the understandable overlap in the thematic content of our respondents' narratives across the three questions, for both the participatory sketching and participatory photography exercises, we draw upon the sketching and photo narratives interchangeably.

# Grasp of Intersecting Plots, Characters, and Educational Messages

**Research Question #1 asked:** *What is the radio drama Sa Pagsikat Ng Araw about?* In essence, what is nature and scope of its plot, its characters, and its educational themes?

In response to above question, Amelita, a 33-year old married woman from the Metro Manila, drew the following sketch (Sketch #1), describing the importance of several specific characters in *Sa Pagsikat Ng Araw*, including their interrelationships in the intersecting storylines.



Sketch #1. By Amelita, 33 years, Metro Manila.

Amelita pointed out that the image on the top left of her sketch is of Amelia and her children. She noted: "Amelia's husband is Miguel [shown on Amelia's right] and she is a battered wife who fled from their home." Amelita continues by explaining how "Kapitana Pilar [shown on the top right of the sketch], a woman chieftain of the community, helped Amelia provide for her children and helped support her emotionally." Amelita also describes Dr. Lazaro and Epang, the traditional doctor, in the lower right part of the sketch, pointing to the dangers of being treated by a non-trained doctor. She also mentions the roles of Joaquin and Stella, negative characters in the radio drama, showing Joaquin in jail on the lower left side of the sketch: "Joaquin is an addict. He's in and out of prison and manages to escape. Stella is a singer, star. She claims that she has a boyfriend but he doesn't like her because she's a socialite." Ahmed's family house (labeled "Amad Family") is also shown in the top right of the sketch, as is Vince shown with a basketball in the lower left side of the sketch. Amelita had clearly grasped all the key characters, messages, and intersecting plotlines of *Sa Pagsikat Ng Araw.* 

Liza and Fe -- 24 and 32 years, respectively, and both married women from Boracay Island, provided the following narrative along with their sketch (Sketch #2).



Sketch #2. By Liza and Fe, 24 and 32 years, respectively, Boracay Island.

"Amelia is crying because of the crisis she has been experiencing with her husband. She is having a hard time working for her family." The picture depicts Amelia [on the lower right of the sketch] standing in front of her house, next to her children, with tears on her face. Off to her upper

side, there is a sketch of a smiling Miguel with a beer bottle to his mouth. Liza and Fe also talked at length about Stella [shown on the bottom left side of the sketch], a young woman "who is a socialite and after making poor choices, becomes infected by HIV/AIDS." They describe Stella as "a very beautiful actress who had a 'boyfriend' Jeff although she didn't really like him. She just wanted someone around." In the top right corner, we see a picture of a person's face and torso behind sketched bars, labeled Joaquin, representing his stay in prison due to illicit drug use and other criminal activities. With their detailed sketch and narration, Liza and Fe also provided a fine overview of *Sa Pagsikat Ng Araw's* plot, characters, and key educational messages.

Sha and Ella, 29 and 23 year old women residents of Boracay, drew the following sketch (Sketch #3), and noted:



Sketch #3. By Sha and Ella, 29 and 23 years, respectively, Boracay Island.

"There is a house w/ flowers, kids playing, and the sun. We include the sun because it ties into the meaning of the radio drama which translates -- The dawn that arises." Like others, they also described the story of Amelia and Miguel "One family is of Amelia and Miguel. They always fight [shown on the middle-right of the sketch]. Amelia takes care of her family and is responsible while Miguel is irresponsible, asks for money from Amelia, and has another woman. Miguel has many vices, and when Amelia gives him money [coins shown on the lower left of the sketch] it ends up being used for his vices [two alcohol bottles are shown in the sketch on a dining table] or towards women. But a time did come when he went back to his wife. He did have other women....but he came back to Amelia because she still loves him." Included in the sketch is an

image of Miguel's other woman [lower middle part of the sketch] and a drawing of an empowered Amelia [on the top] working in the seaweeds farming business to help support her family.

One of the most interesting responses about what the program *Sa Pagsikat Ng Araw* is all about came from a set of 12 photos that Arlene, a 34-year old married woman from Metro Manila, took to talk about her intense engagement with the radio soap opera. Arlene's first photo (Photo #1) shows a rough road in the wilderness, and her accompanying narrative was brief: "Picture 1 shows a rough road that seems very hard to travel."



Photo #1. By Arlene, 34 years, Metro Manila

Arlene's last (12<sup>th</sup>) photo (Photo #2) shows a paved street, and in narrating it, she notes: "So this is the same road we have seen on Picture 1. It is now better- cemented, smooth and strong."



Photo #2. By Arlene, 34 years, Metro Manila

Interestingly, the imagery and narrative of Arlene's in-between photos (photos 2 thru 11) laid out the path and steps required to get from the rough road to the paved, smooth road,

including highlighting the importance of listening to radio, relating to the program [*Sa Pagsikat Ng Araw*], overcoming the vices depicted in the program, parent-to-child modeling, education for children, belief in church and god, and the vital role of mothers like Amelia to make the world a better place for their children and all community members.

Arlene's photonovela (photo novel), summarizing the key educational message of the program -- primarily from the perspective of Amelia, who goes from a state of tremendous hardship to a state of empowerment -- represents a terrific illustration of narrativity both within and across the 12 photo images. Interestingly, Arlene shot the 12 photos sequentially, showing Amelia's path from a rough "lonely" existence to one of strength and empowerment.

In sum, our respondents sketches and photos suggest that they (1) comprehended the various intersecting plotlines of *Sa Pagsikat Ng Araw*, (2) could accurately describe the qualities of its main characters, and, in so doing, (3) could articulate its various educational messages: That is, a more empowered status for women (such as Amelia), causes of family disharmony (including domestic violence inflicted by a vice-ridden Miguel), how not to be infected with HIV (by not emulating characters like Stella), preserving youth health and responsibility (by following characters like Vince, and not emulating characters like Joaquin).

# Personal Resonance, Emotions, and Meanings

# Research Question #2 asked: *As a female (or a male) listener, which scene from Sa Pagsikat Ng Araw was most meaningful to you and why?*

For a majority of our *female* respondents, the domestic violence scenes between Miguel and Amelia held strong personal and emotional resonance with their lived realities. Many of the married women were victims of domestic violence; and the unmarried ones did not wish to ever be in such a circumstance.



Sketch #4. By Irene, 22 years, Boracay Island.

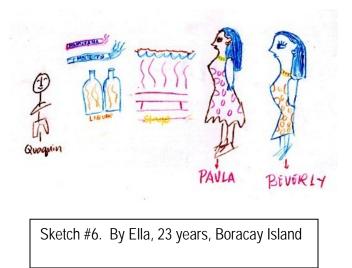
The sketch of Irene (Sketch #4), a 22-year old woman from Boracay Island, depicts Amelia crying as she is slapped in the face by her husband Miguel. Miguel is shown smoking a cigarette, representing the "many vices" he embodies. Additionally, Irene's sketch shows Amelia and Miguel's home "divided" with a wavy red line: "The line separates Amelia from the rest of the family," emphasizing her lonesome existence. Although Irene is unmarried, she emphasizes that "she doesn't want to one day become separated from her husband and quarrel with him and disagree with him." She notes: "A house should have peace and people should try to understand each other and not separate or else the relationship will be ruined. No matter what, you can work through fights and misunderstandings."

Erl, a 23 year old *female* participant from Boracay island, tearfully described her sketch (Sketch #5) of Amelia and Kapitana Pilar, closely relating it to her own life experience.



Erl noted: "In the radio drama, Kapitana Pilar treats Amelia as her long-lost daughter, supporting her, economically, emotionally, and psychologically". Erl, who herself was separated from her mother until she turned eight, depicts Amelia and Pilar with outstretched arms, reaching out for one another. Her narration highlighted the importance of "children receiving support from parents," especially in their early formative years.

Ella, a 23 year old woman from Boracay Island, chose to describe another set of personally meaningful scenes from *Sa Pagsikat Ng Araw.* 



Ella begins by describing how Paula, a young attractive teenage girl, comes "under the bad influence of Joaquin who convinces her to smoke and use illicit drugs." We also see a drawing of Joaquin [on the extreme left of the sketch] who Ella says "has many vices." Appropriately, in Ella's sketch, Joaquin is pictured next to marijuana, Marlboro cigarettes, and two bottles of liquor. Ella also described how Paula "competes in the national talent search for a rising star, and how she is supported by her sister Eliza and her mother, but betrayed by her friend Beverly. Beverly has another plan for Paula since she was cheated by her friend." Beverley is depicted as standing behind Paula, implying a stab at the back. Ella, breaking down in tears, emphasized that that she doesn't want "such betrayal to happen to her" because she believes that truth will determine the future of Philippines, suggesting that current political leaders are not truthful. She continued: "We need to love our friends and in friendship there should be love and trust. This scene meant a lot to me because my best friend betrayed me and really hurt me."

In sum, our respondents' sketches suggest various degrees of emotional and personal resonance with the key plotlines and characterizations. The domestic violence scenes between Miguel and Amelia held the most personal meaning for most of our *female* respondents as it closely paralleled their lived realities. Many of our respondents freely and openly shared the debilitating consequences of their spouse's vices on their family life, calling for more understanding, harmony, and support from their husbands. Some respondents highlighted the importance of such caring and supportive "parent-to-child" type relationships as was depicted between Kapitana and Amelia (as also between Amelia and her children); some emphasized the importance of staying away from cigarettes, drugs, and criminal activities; and some others stressed the importance of honesty and trust in relationships.

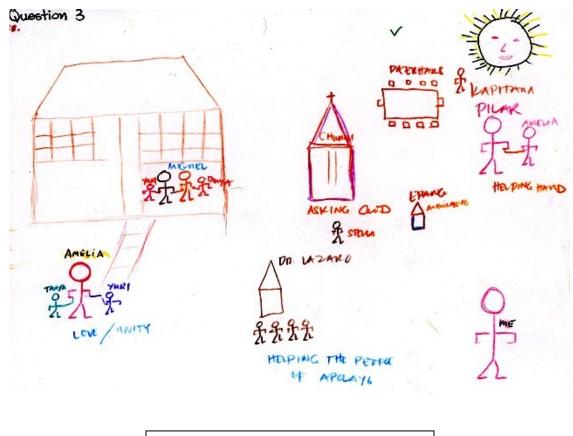
#### Learning and Impact

Research Question #3 asked: *How has your life has changed as a result of listening to Sa Pagsikat Ng Araw?* In other words, what aspects of your life have been influenced, changed, or impacted by your engagement with the radio program?

Our respondents answered this question about the influence of *Sa Pagsikat Ng Araw* on their lives in various ways.

Mae, a 29 year old married woman from Boracay Island, tearfully explained the change in her life as a result of listening to *Sa Pagsikat Ng Araw*. "I learned to forgive from Amelia. I used to not forgive, but now I have learned to forgive."

Ella, a 23 year old from Boracay Island, noted that she "did not want to make friends because most of her friends were fake and not true to her. However, by having faith in God, she has learned to love, forgive and move on with her life."



Sketch #7. By Ella, 23 years, Boracay Island

Ella's sketch (Sketch #7) illustrates the importance of love, unity and helping others. In her sketch we see an image of Dr. Lazaro (in the bottom middle) and below him is a label "Helping the people of Apolayo" (the village in which he works). We see four people in front of his clinic. In contrast, the house of Epang, the faith healer is shown as much smaller, and there are no people around. Ella also said she learned that "faith healers are quack doctors and shouldn't always be trusted." We also see a picture of Kapitana Pilar and Amelia holding hands with a label "Helping Hand," highlighting the importance of mutual support. We also see Miguel entering the local beerhouse with a table and several bar stools (on the upper right of the sketch). Pointing to

Miguel, Ella Noted: "All the men that have new women....most of the mistresses will leave them because all they want is a man's money. A wife, on the other hand, loves you for who you are, not for what you have." Ella finished by saying that "It is very sweet to forgive....and it is okay to ask for the Lord's help," highlighting Amelia's compassionate attitude toward Miguel, despite his vices.

Several respondents talked about a more heightened awareness about their marital relationships, including the importance of cooperation between the husband and wife in raising children and sharing household responsibilities. Amalia, a 33 year old married woman from Boracay Island, took a photo (Photo #3) of a man drinking liquor, in broad day light, outside of his home, while a young boy and a girl look on.



Photo #3. By Amalia, 33 years, Boracay Island.

Amalia noted: "The man in the picture represents Miguel. The drama affects my life personally, so that is where I got the idea to take the picture. The man in this picture is my husband, drinking in front of my kids. He has many vices and is not responsible." Similarly, Adelaida, a 30-year old married woman, explained that her family was happy until her husband acquired vices: "When he is drunk, he destroys everything in the house. He is drunk at night and sleeps all day. The kids ask why he drinks so much. I have to take care of the family and clean the house even though my husband is irresponsible. I focus on my kids and provide for them even though it really is my husband's responsibility."

Jun, a married man of 45 years from Metro Manila, also took a photo (Photo #4) of a group of men, engaged in socializing and drinking.



Photo #4. By Jun, 45 years, Metro Manila.

Jun noted: "In this picture I see the image of the companions of Joaquin, the Mayor's son. Everything starts from here, a little drinking, a little smoking, which develops into graver vices like drugs. And it also suggests that if a person has a form of vice, it can branch out into different other forms, thereby multiplying it. As we can see in the picture, these men are so enveloped by their habit of smoking and drinking, that their characters are already moulded for greater vices." Jun noted that *Sa Pagsikat Ng Araw* provides lessons on what people should not be doing; that is, staying away from alcohol and smoking, and being responsible members of their family, community, and nation.

In contrast, Jenny, a 25 year old married woman from Boracay Island, took a photo (Photo #5) of her husband feeding their daughter dinner at their home.



Photo #5. By Jenny, 25 years, Boracay Island.

Jenny explained: "My husband is like the character Ahmed. He helps takes care of the kids and does chores around the house. Ahmed takes care of his family, and so does my husband." Similarly, Amalita added, "My husband and I have a garden that he works on with the children. It is important to plant your own vegetables and plants because they give you money and food. We are a lot like Ahmed and Jezreel because we work together and share responsibility. We may not have a lot of money, but we are happy." Here both Jenny and Amalita emphasize that *Sa Pagsikat Ng Araw* provides important lessons for both the husbands and wives to work together to provide for, and care for, the family and children.



Erl, a 23 year old woman from Boracay Island, shared with us a photo (Photo #6) that showed her wading in the beach waters, picking up things from the ocean.

Photo #6. By Erl, 23 years, Boracay Island.

Erl elaborated: "This picture represents Amelia working. She is picking up shells and sea weeds to eat and sell. What she earns from sales, she uses to buy milk and food for her kids." Erl emphasized that *Sa Pagsikat Ng Araw* highlights the importance of women taking care of her children and providing for them if the husband is unwilling or unable to (as was the case with Miguel). Women can take care of themselves and their children, empowered and independent from their husbands.

This sense of women not losing hope, despite hardships, was also part of Liza's photo and accompanying narrative. Liza's picture (Photo #7) shows a house with a young child crying on the doorstep, while her mother (with her back to the child) does laundry.



Photo #7. By Liza, 24 years, Boracay Island.

Liza noted: "This is my house and while the woman in the photo is me, she represents Amelia. We can see the real situation of her home with her doing laundry while her baby is crying." She added: "Because of poverty, I cannot fully provide for my children but I do the best that I can."

This theme of parents, especially mothers, taking care of their children, providing them educational opportunities, and helping them grow into responsible citizens was reflected in the photos and narratives of several other respondents. For instance, Amelita, a 33 year old married woman from Metro Manila took a picture (Photo # 8) of a mother walking her child to school.



Photo #8. By Amelita, 33 years, Metro Manila.

She noted: "Even though the road is too difficult to travel and there is no available public transportation, she diligently walks her child to school." The photo shows the child holding an umbrella while the mother carries his bag. Similarly, Arlene, a 34 year old woman from Metro Manila, took a photo of several children going to school, pointing to the importance of parents encouraging their children to earn an education: "These are children, the ones who are greatly affected by what their elders. If their parents are gamblers, they will also grow up to be gamblers....They can, however, go to school and acquire education. There are still parents like Amelia who work hard to be able to send her children to school."

Arlene's sketch (Sketch #8) about how *Sa Pagsikat Ng Araw* influenced her life provided an overarching insight into how entertainment-education radio soap operas can spur conversations and contribute to social good.



Arlene noted: "Before listening to this program, I was not really interested in following a long-term storyline. However, now I feel differently. I love the realistic storylines and the multidimensional characters. Additionally, I feel that the storylines in *Sa Pagsikat Ng Araw* can be a guide for people who find themselves in similar situations." Finally, as the "After" part of Arlene's sketch illustrates, Arlene now feels comfortable sharing the stories and the educational messages she has heard on the radio program with others in her family and community.

In sum, our respondents' sketches and photos, and their accompanying narratives, suggest that listening to *Sa Pagsikat Ng Araw* affected their lives in various ways. Listeners emphasized that they learned about, or were reinforced in, the following: The importance of (1) taking care of siblings (as Eliza took care of Paula); (2) learning to forgive (as Amelia did to Miguel); (3) supporting others in need (as Kapitana did to Amelia); (4) staying away from vices (as Miguel should have done); (5) sharing of parenting and household responsibilities (as was modeled by Ahmed and Jezreel); (6) working hard to support and educate one's children (as Amelia did);

and (7) the role of engaging, realistic radio storylines to provide models and guides for people's social behaviors.

#### Summary and Conclusions

The present report documented the results of a participatory sketching and participatory photography exercise conducted in the Philippines to gauge how avid listeners of *Sa Pagsikat Ng Araw* ("Hope After the Dawn") engaged with the radio program, deriving personal meanings from its plot, characters, and educational messages.

Our respondents' sketches and photos suggest that avid listeners of the program comprehended the various intersecting plotlines of *Sa Pagsikat Ng Araw*, could accurately describe the qualities of its main characters, and, in so doing, could articulate its various educational messages: That is, a more empowered status for women, causes of family disharmony and how to overcome it, how not to be infected with HIV, and preserving youth health and responsibility.

Our respondents' sketches suggest various degrees of emotional and personal resonance with the key plotlines and characterizations. The domestic violence scenes between Miguel and Amelia held the most personal meaning for most of our *female* respondents as it closely paralleled their lived realities. Some respondents highlighted the importance of such caring and supportive "parent-to-child" type relationships as was depicted in scenes involving Kapitana and Amelia and Amelia and her children. Others remembered scenes which persuaded them to stay away from cigarettes, drugs, and criminal activities, and to value honesty and trust in relationships.

Our respondents emphasized that by listening to *Sa Pagsikat Ng Araw* they learned about, or were reinforced in, the following: The importance of taking care of siblings; learning to forgive; supporting others in need; staying away from vices; sharing of parenting and household responsibilities between husband and wives; working hard to support and educate one's children; and the role of engaging, realistic radio storylines to guide people's social behaviors.

What implications does our work with participatory sketching and photography have for researchers of entertainment-education initiatives? First, these participatory methods lie at the interface of theory, method, and praxis (see also Morphy & Banks, 1997). In taking stock of the sociology of visuals – whether in the form of sketches or photos – it is not difficult to discern the obvious conclusion: Almost all paintings, sketches, and photos are usually produced by "the powerful, the established, the male, the colonizer" to "portray the less powerful, less established, female, and colonized" (Harper, 1994, p. 408). Through participatory photography and sketching, E-E researchers hand over the means of visual production to the oppressed, the silent, and the muted. While recognizing that visuals allow the "oppressed" to make statements that are not possible by words, E-E researchers should remember that all sketches, paintings, and photographs are socially and technically constructed (Harper, 1994). Thus it is as important to foreground the absence of particular characters or scenes, as it is to explicate what is present.

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## Endnotes

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<sup>2</sup> Clearly, all methods of data-collection – whether quantitative or qualitative -- have their respective strengths and weaknesses.

<sup>3</sup> In Metro Manila, TNS-Global, a market and social research company, identified and screened the listeners of *Sa Pagsikat Ng Araw*, provided their facilities for the conduct of the participatory assessment activities, and helped in the electronic scanning of the documents.